

Sheila Cavalette

Fi-Core

Height: 5' 6.5"

Weight: 128 lbs.

Hair: Dark Brown

Eyes: Hazel



Theatre (Partial List)

Farce of Habit	Wanelle	Brooke Hills Playhouse, WV
Farce of Nature	Lola Barbosa	Brooke Hills Playhouse, WV
Play On!	Gerry	Brooke Hills Playhouse, WV
Almost, Maine	Waitress & Marci	Hope Players, OH
On Golden Pond	Chelsea	Brooke Hills Playhouse, WV
The Dead Wife	Maud	Actors Forum Theatre, Los Angeles
Agnes of God	Mother Superior	University Center Blackbox Theatre, Florida
Fannie & Sadie	Evie	White-Willis Theatre, Florida
The Odd Couple	Gwendolyn Pigeon	University Center Blackbox Theatre, Florida
Moon Over Buffalo	Charlotte	Brooke Hills Playhouse, WV

Film and Television (Partial List)

House	Co-Star	FOX Television/Randy Zisk
Mystery ER	Recurring	Discovery Health/John Joseph
General Hospital	Recurring	ABC
Passions	Recurring	NBC
Unplanned	Day Player	Cary Solomon & Chuck Konzelman
Juniper & Lamplight	Day Player	Neil Mahoney
Closure	Lead	Alex Cassun
Room For Hope	Day Player	Lori Lemieux
Hand Me Downs	Lead	Carrie Collins
The Beat Goes On	Day Player	Randy Kovitz
Time Out	Lead	Nathan Fullerton
The Umbrella Man	Day Player	Michael Grasso
Choice	Lead	Timothy Allen Smith
My Name Is Khan	Day Player	20th Century Fox/Karan Johar
Office Games	Supporting	Tony Patterson

Commercials and Industrials

List of conflicts available upon request.

Training

Acting: Randy Kovitz, Amy Lyndon, Richard Kline, Marc Cross, Robin Brown, Gilda Pianelli

Improv: LA Connection

Voiceover: Amy Hartman, David H. Lawrence XVII

Special Skills

Registered Nurse; Can sing, play accordion, plunk out some tunes on a piano and strum a guitar; Conversational in Italian; Good with kids, dogs and various accents, www.sheilacavalette.com

www.heymentalent.com

Cincinnati, OH - 513.333.3113

Columbus, OH - 614.291.8200

Louisville, KY - 502.589.2540