



CHRISTINA HELENA

SAG-AFTRA | AEA | DUAL PASSPORT US + EU

WWW.CHRISTINAHELENA.COM

Agent: Heyman Talent | Kenny Packer | 614.291.8200

FILM + TELEVISION

GRACE + TOM (Short)
THE EYELASH WISH (Short)
THE SAREE STRUGGLE (Short)
EDWIN & REBECCA (Short)
BRASILIA (Short)
RESURRECTING THE STREET WALKER
NEXT VICTIM
UNTOLD STORIES OF ER

Grace | Lead
Monica | Lead
Cynthia | Lead
Rebecca | Lead
Girl | Lead
Rachel Baxter | Supporting
Crystal | Supporting
Greek Daughter | Guest-star

Dir. Ricardo Birnbaum
Dir. Jules DiBiase
Dir. Darshan Kembhavi
Dir. Savannah Bloch
Dir. Jesse Ehrlich
Dir. Ozgur Uyanik
Dir. Tim Gates
Dir. Paul Benz | TLC

THEATRE (PARTIAL LIST)

SCAR (Solo Show)
ITALIAN AMERICAN RECONCILIATION
PETROL STATION
OPINIONS OF A CLOWN
JULIUS CAESAR
RICHARD III
WOMEN BEWARE WOMEN
MARRIAGE A LA MODE
POLLY
MIDSUMMER NIGHTS DREAM
LA TRAVIATA
FUBAR
FOREPLAY OR THE ART OF THE FUGUE
LONG AGO AND FAR AWAY

Writer/Performer (40 Characters)
Teresa
Girl | Lead
Marie
Antony
Queen Margaret
Isabella
Palmyra
Mrs. Ducat
Titania
Flora's Girl | Dancer
Monica Jackson
Alma
Landlady

Dir. Larry Moss | Off-Broadway
Dir. Ivette Dumeng | Off-Broadway
Dir. Sulayman Al-Bassam | Kennedy Center
Dir. Matteo Tarasco | London
Dir. Rodney Cottier | London
Dir. Matt Peover | London
Dir. Aaron Mullen | London
Dir. Hannah Eidinow | London
Dir. Melanie Mehta + Matteo Tarasco
Dir. Tina Marian | London
Dir. Marta Domingo | Los Angeles Opera
Dir. Layon Gray | Los Angeles
Dir. Scott Werve | Los Angeles
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COMMERCIALS + VOICEOVER + INDUSTRIALS

On camera principals for national network usage (tape upon request)

TRAINING

LONDON:
NEW YORK:

LAMDA: The London Academy of Music & Dramatic Arts | MFA Classical Performance
Voice | Beth McGuire, Andrea Haring, Ron Carlos, Jane Fujita
Scene Study | Larry Moss, Karl Bury, Tom Todoroff
Movement | Jean Louis Rodrige, Kristof Konrad, Tom Bentley, Janice Orlandi, James Kemp
Improvisation | Second City
Scene Study | John Sarno, Philip Charles MacKenzie
Cold Reading | Margie Haber, Annie Grindlay

LOS ANGELES:

Marymount Manhattan College | Bachelor's of Communication Arts
University of Philosophical Research | Master's of Consciousness Studies + Philosophy

SPECIAL INTERESTS

LANGUAGES:
DIALECTS:
SPORTS:
MOVEMENT:
OTHER:
LOCAL HIRE:

Greek, French
New York, Greek, Italian, French, Eastern European
Certified: Stage Combat, Basketball, Volleyball, Soccer, Track & Field, Dancer
Physical Theatre, LABAN, Mask, Clown, Alexander, Yat Malgram
TEDx Speaker, Teleprompter, Valid Driver's License, PADI Certified Advanced Scuba Diver
Los Angeles, Detroit, Atlanta